

# Young Adults Menu

Smaller portions for smaller appetites for ONLY £11.95

Available all day every day

## **Panko Crusted Chicken Breast** (1207 kcal)

Fries, slaw and coriander & lime mayonnaise

## **Three Cheese & Leek Pie** (v) (1540 kcal)

Shortcrust pastry, cheese & chive sauce, thick-cut chips, mushy peas or beans

## **Grilled 5oz Rump Steak** (899 kcal)

Fries and cracked black pepper sauce

## **Seafood Basket** (861 kcal)

Fish goujons and scampi, served with fries, mushy or garden peas and tartare sauce

## **Classic Chicken Caesar Salad** (949 kcal)

Focaccia croutons, hard cheese, anchovies and caesar dressing

## **Treacle Baked Ham** (614 kcal)

Thick-cut chips and two fried eggs

## **Beetroot Red Pepper &**

## **Quinoa Burger** (ve) (1347 kcal)

Fries and chipotle mayonnaise

## **Spicy Fried Chicken** (851 kcal)

Coriander, chilli & spring onion batter, dressed noodle salad with oriental dressing

# Children's Menu

Available all day every day

1 Course £6.95, 2 Courses £9.50 or 3 Courses £11.95

## Starters

### **Chef's Signature Soup** (v) (458 kcal)

Served with homeade Focaccia

### **Spiced Hummus** (ve) (364 kcal)

With toasted Focaccia

### **Garlic Bread** (v) (525 kcal)

With cheese (v) (649 kcal)

### **Feta Cheese Salad** (v) (216 kcal)

Mixed leaves, olives and dressing

## Mains

### **Fish and Chips** (818 kcal)

Fries and garden peas

### **Crispy Chicken Strips** (787 kcal)

Fries, garden peas or beans and ketchup

### **Grilled 4oz Beef Burger** (939 kcal)

Served with fries and ketchup

### **Sweet Potato & Spinach Dhal** (ve) (542 kcal)

Wild rice and grilled flatbread

### **Baked Meatballs in Tomato Sauce** (693 kcal)

With linguine pasta

## Sunday Lunch

(Not included in the 1, 2 or 3 course option)

All our Sunday lunches are served with traditional vegetables, roast potatoes, homemade Yorkshire pudding and real gravy

**12 Hour Roast Beef** (999 kcal) **£10.95**

**Roast Chicken** (920 kcal) **£10.95**

**Roast Turkey** (995 kcal) **£10.95**

**Treacle Baked Ham** (762 kcal) **£9.95**

## Desserts

### **Strawberry, Rhubarb and**

### **Gooseberry Crumble** (v) (503 kcal)

Flapjack crumble topping, served with vanilla ice cream

### **Chocolate Brownie Sundae** (v) (786 kcal)

Vanilla ice cream and chocolate sauce

### **Watermelon** (v) (335 kcal)

With strawberry frozen yoghurt

### **Banoffe Waffle** (v) (579 kcal)

Sliced banana, toffee sauce and ice cream

Full allergen information is available on request. Please ask our team for details when ordering both food and drink. All weights noted are approximate and prior to cooking. Key: (sp) small portion (v) vegetarian (ve) vegan. Children need around 1400 - 1800 kcal a day, dependant on age. Gluten Free options available on request – please speak to a member of our team. Despite our best efforts, we are unable to guarantee that our dishes are free from any allergen.